



# Development of a prototype decision support tool for older people who pay for social care, and their families

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# What is a self-funder?

- Social care is different to health care
- Some people receive financial contribution
- Others pay for all care – self-funders



# What do we know about older self-funders?

- Making decisions about social care can be complex and emotional
- Rely of friends and family for information
- Money is a major concern
- Reluctant to seek financial guidance or advice
- Barriers include fear of unknown



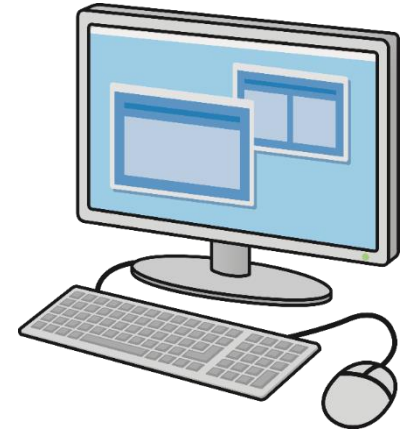
# What is a decision support tool?

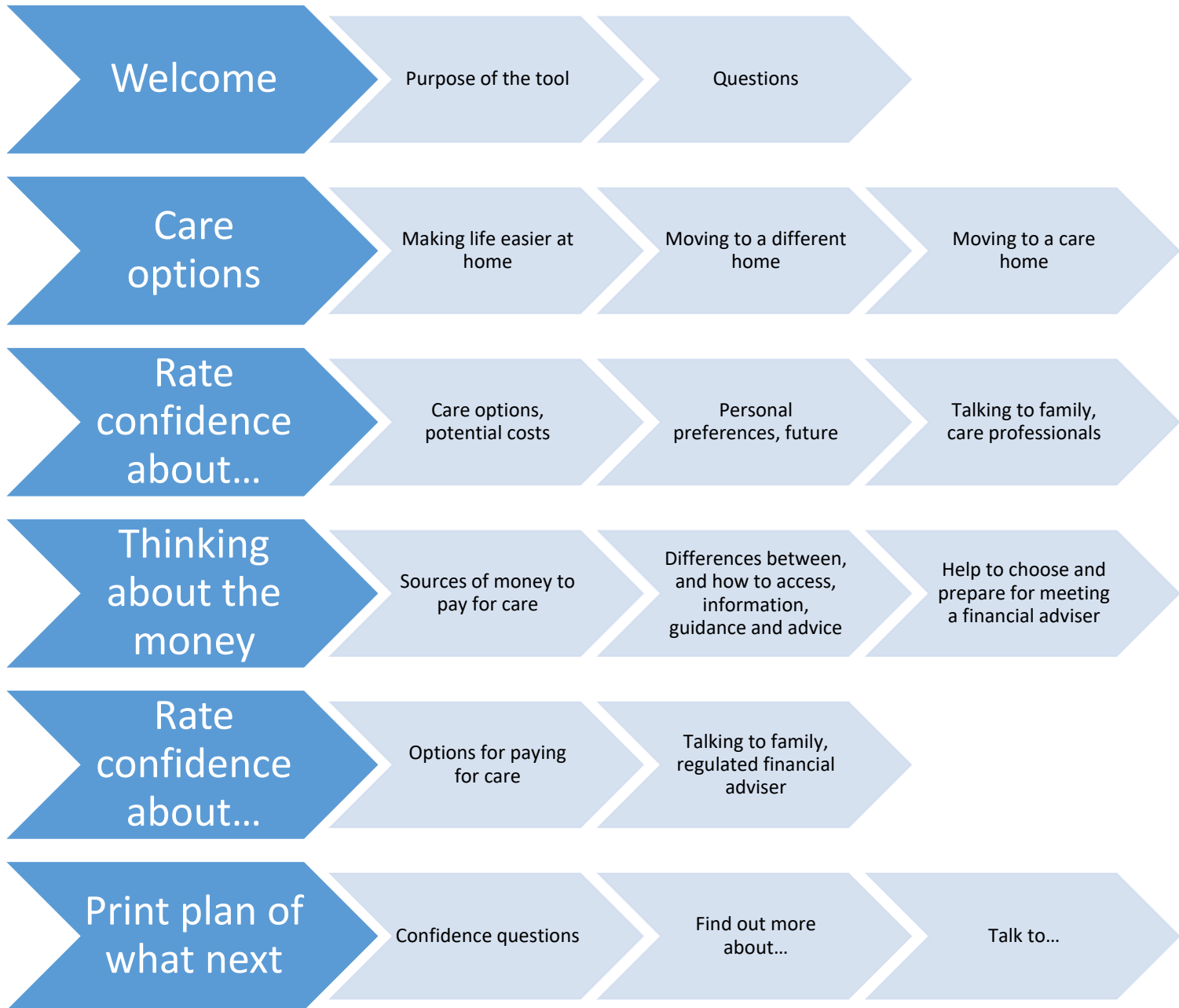
- Resource designed to support people's decisions by...
  - making them explicit
  - providing information on options, including risks and benefits
  - helping people clarify personal values and preferences
- Key aims
  - Prepare people to make informed, values-based decisions
  - Improve the quality of a decision



# Methods

- Consultations
- Workshops
- Digital development of tool
- 'Think aloud' testing
- Evaluation








 **Making life easier at home**

 **Moving to a different home**

 **Moving to a care home**

 **Thinking about the money**

### **Gadgets and equipment to help make life easier at home**

Examples range from bigger control knobs for cookers to raised toilet seats to mobile hoists



### **Adaptations to help you live at home**

For example, creating level access or adapting bathrooms



### **Care in your own home**

Paid care workers come to your home to help with the things you find difficult



### **Live-in care**

A paid care worker lives in your home



### **Bernard's Story**

Pros and cons of staying in your current home



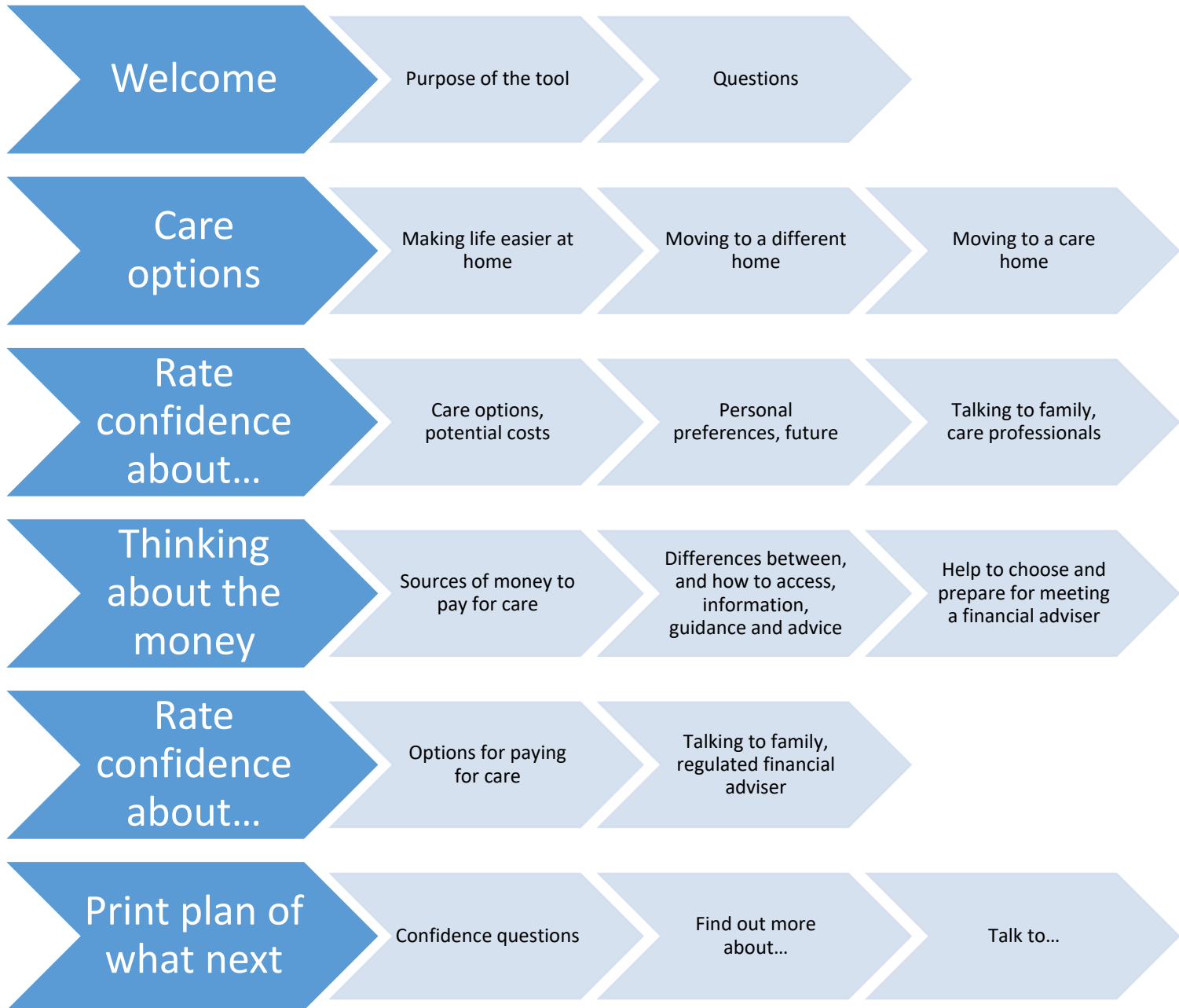
### **Video reflections of real life experiences**



## **What's Next?**

You can take another look at the care pages at any time by clicking on the homepage button. Or click 'next' to go to the section on Moving to a Different Home

 **Next**



# Discussion

- Next steps – ‘think aloud’ testing and small scale evaluation
- Balancing amount of content with manageability
- No data on risks and benefits of options
- Any decision tools in other countries to help people make social care choices?



# Disclaimer

This presentation presents independent research funded by the NIHR School for Social Care Research. The views expressed are those of the authors and not necessarily those of the NIHR SSCR, the National Institute for Health and Care Research or the Department of Health and Social Care.



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