Community capital in residential care: a scoping study

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Background

Questions

- What **type** of community capital do care homes in England access?
  - Barriers to access
- What **impact** does community capital have on:
  - Residents
  - Care home services
- **How** do care homes access/build community capital?

Methods

- Literature review
- Consultations with experts
- User, practitioner, carer involvement group
  - *Stay tuned...*

Literature review

Scoping review topics

Broad → definition, mechanisms, measurement, outcomes, etc.

Terms

"Older people" and "social capital"
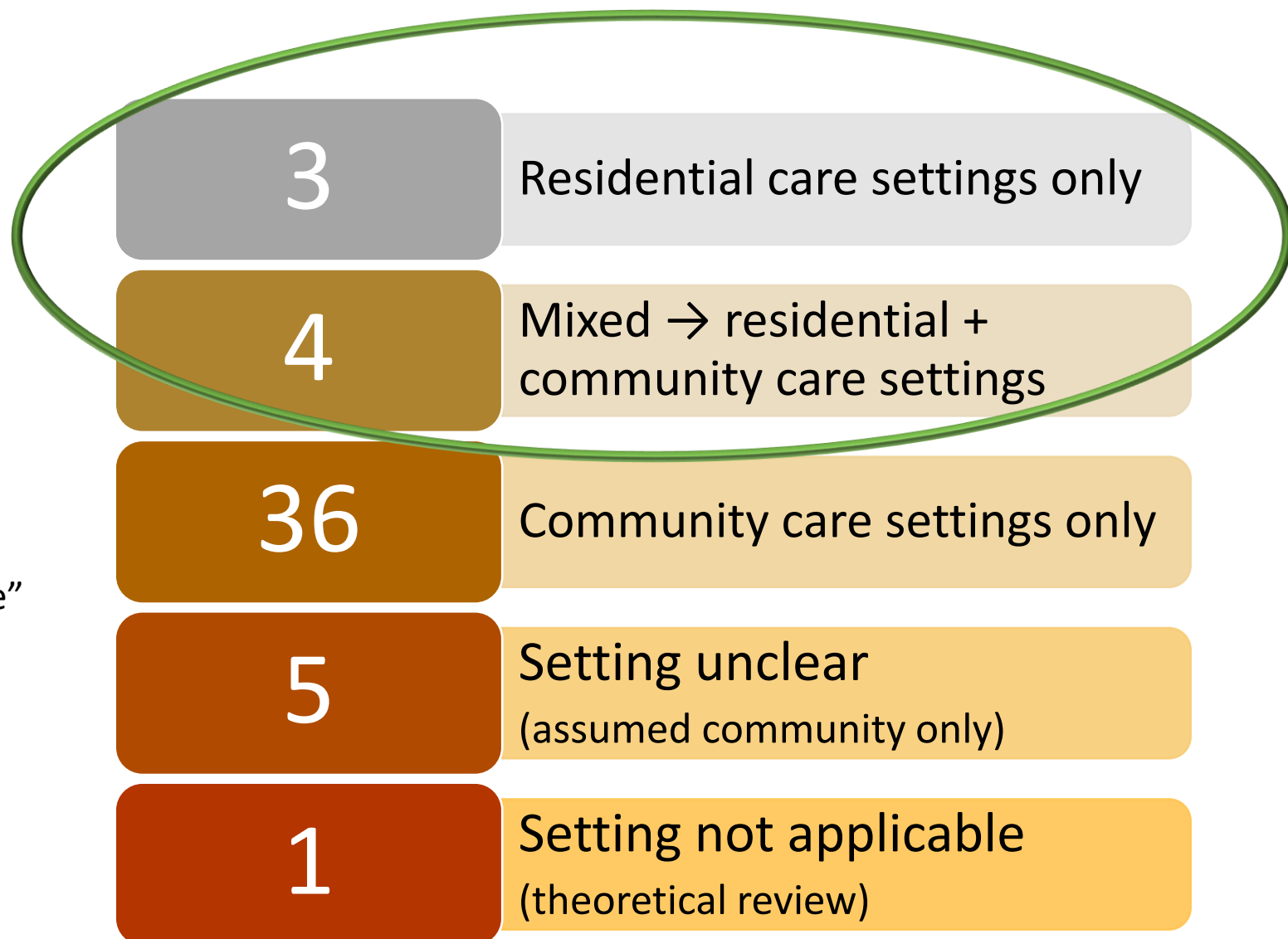
"social capital" and "residential care"

↓

Preferably both

101 full text papers reviewed

→ 49 accepted

→ 16 reference only

3	Residential care settings only
4	Mixed → residential + community care settings
36	Community care settings only
5	Setting unclear (assumed community only)
1	Setting not applicable (theoretical review)

CPEC
CARE POLICY AND EVALUATION CENTRE
Research at LSE

NIHR | School for Social Care Research

What is community (social) capital?

[1]Musselwhite and Scott (2019) [4]King and Cronin(2016)

[2]Ajrouch (2007) [5]Huang and Li (2019)

[3]Saito et al., (2017) [6]Ysseldy et al (2013)

[7]Leedahl et al. (2015)

Bourdieu (1986)

Relationships between social, class structures of power

Social
 (informal support networks)

Cultural (education, values)

Symbolic (prestige, personal qualities)

Economic (wealth) [1]

Coleman (1990, 1994)

Social structure that **creates human capital**

(skills, capabilities, choices of individuals within structure)[2,3]

Cognitive → (trust, reciprocity)

Structural → (citizenship; groups, organisation membership)

Putnam (1993, 2000)

Networks, connections, trust, reciprocity → for mutual benefit[4]

Bonding (within group)

Bridging (across groups)

Linking (access to information)

Others...

Family capital, filial piety[5]

Religious identity[6]

Cultural Change movement[7] →

environment
relationships
values
staffing
} within residential care

Literature findings: cursory overview (n=7)

Definitions Concepts	Measurements	Outcomes
Social Capital (Putnam, Bourdieu, etc) - Aggregate concept - Intergenerational activity - Social networking, support - Activity engagement **Culture change** - Care home environment - Organisation - Relationship approach	**Social capital** • Religious identity • Group membership • Community involvement • Social networks (size, composition, density, reciprocity) • Social engagement • Frequency of contact, visits **QOL** • Mental wellbeing: depression, loneliness • Life satisfaction • Functional health: ADL, IADL, MMSE • Physical health: energy level, pain, general • Feelings of self-worth, usefulness	• Social support and contact → mental wellbeing • Religious identity, group memberships → +ve mental health • Culture change → +ve impact on social networks • Social Capital → mental wellbeing and social networking

Consultations

- **Topics**
  - Examples of community capital
  - Barriers
  - Methods for building community capital

- March – July 2022

- 750 minutes of discussion

- Thematic analysis of notes

Sector/Role	n = 16
University researchers	6
Care home owner, manager, service provider	3+1*
3rd sector director	5*
Extra care sector manager, service provider	2
*Former care home owner, manager → 3rd Sector director	1

Themes of consultations

Community Capital within the care home
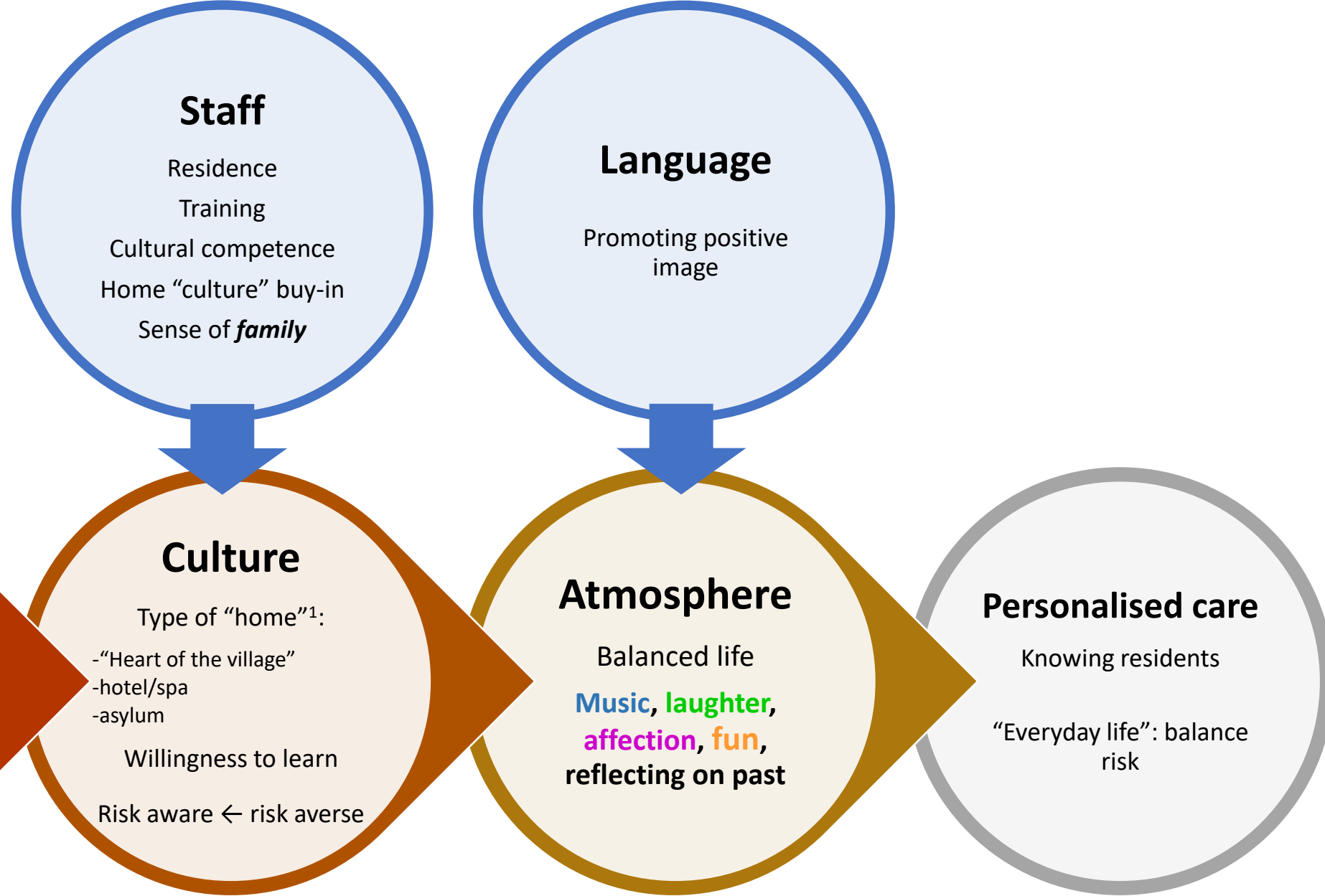
Examples of types of community capital

Building relationships with the "community"
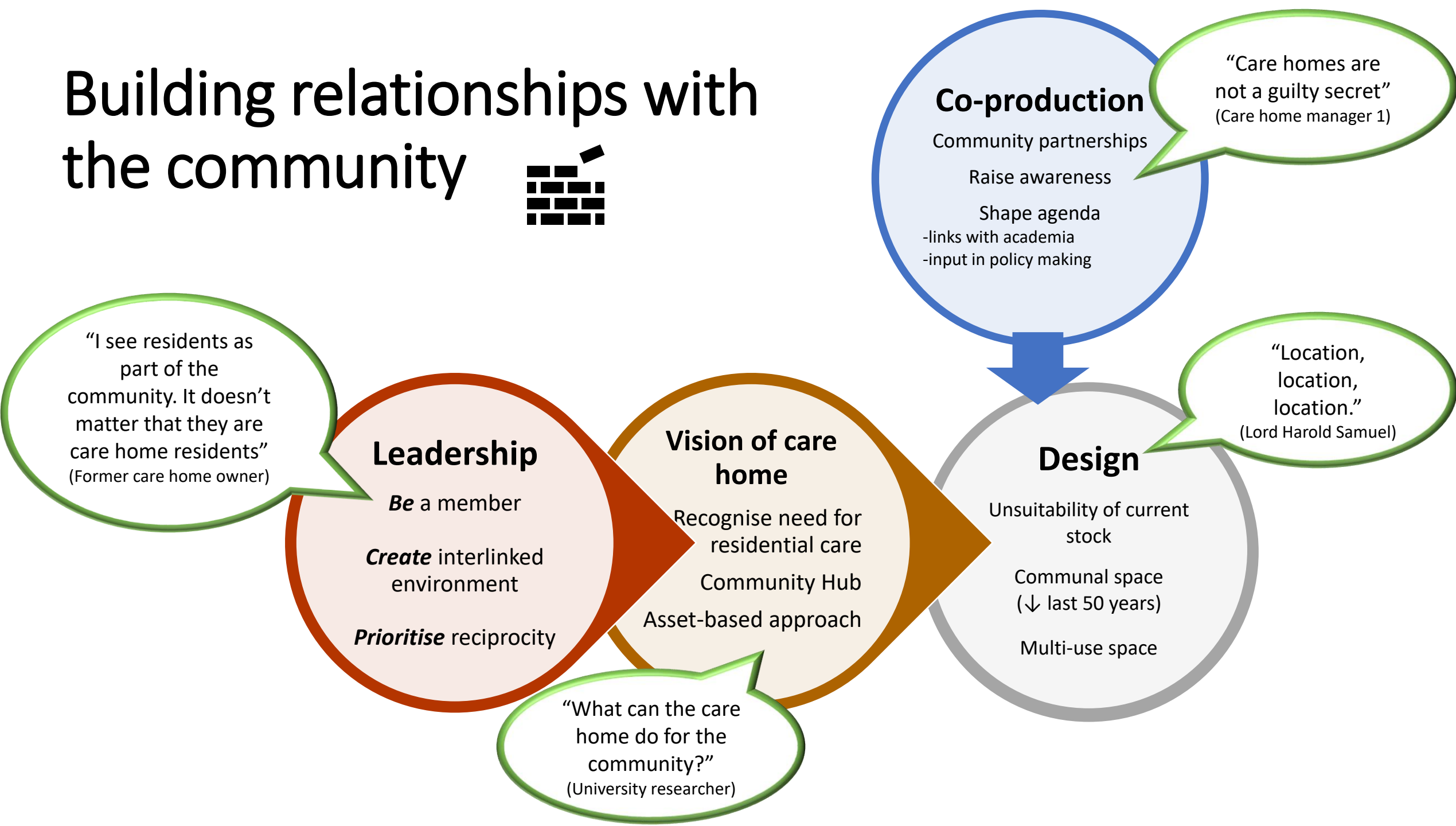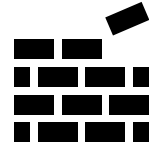
Outcomes

Barriers

COVID-19 IMPACT

Community Capital within the care home

Staff

Residence
Training
Cultural competence
Home "culture" buy-in
Sense of *family*

Language

Promoting positive image

Leadership

Set *vision*, define culture
Creative thinking
Take *initiative*, pro-active

Culture

Type of "home"[1]:
-"Heart of the village"
-hotel/spa
-asylum

Willingness to learn

Risk aware ← risk averse

Atmosphere

Balanced life

Music, laughter, affection, fun, reflecting on past

Personalised care

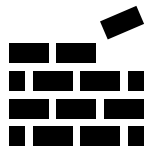Knowing residents

"Everyday life": balance risk

Adapted (and borrowed) model from expert, care home owner/manager
[1] Ettelt et al (2022)

Building relationships with the community

Examples of building community capital in care homes

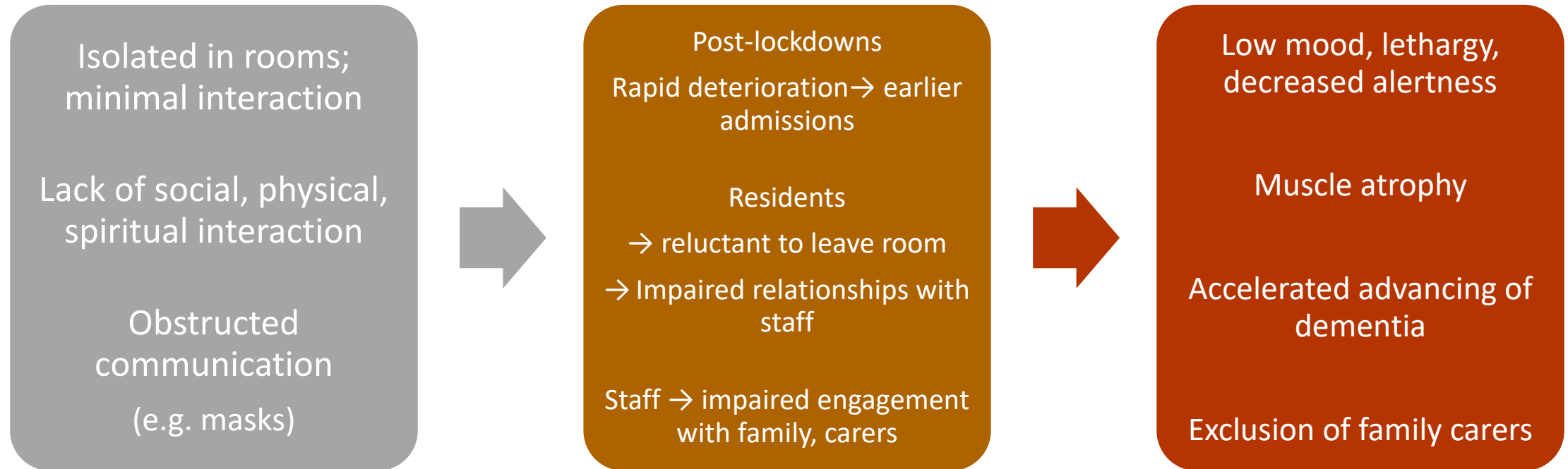| Desired characteristics	Intergenerational	Religious	Inviting the "community" in
• Outside-in; Inside-out • Interactive **NOT** passive • Multigenerational • Reciprocal	• Mother-baby groups • On-site nursery • School activities • 6th form projects • College/ apprenticeship placements	• On-site religious services, spiritual guidance • Joint worship, rites • Host celebrations, events	• Community café • Garden parties • Exercise classes • Local clubs (knitting, Cubs/Brownies, board games etc) • Local 3rd org→ residents' meetings (AgeUK, Healthwatch, Healthy Living Centre, Admiral Nurses) • Community DIY projects • Befriending

Outcomes: Redefining frameworks

Person centred care policy, but…

Clinical

Generic

Passive

"Sometimes residents simply saying 'hello' to a carer is recorded as a social interaction."
(University researcher)

Identifying "everyday life"

→**Meaningfulness**

→**Purpose**

→**Feeling valued, useful**

→**Self confidence**

Level of activity, engagement

Sense of community

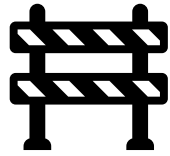"At homeness"

Happier residents
↓
Calmer environment
↓
Fewer requirements of staff
↓
Happier care home

Barriers

Language	Medical, Institutional

Impersonal

Loss, incapacity

"Language of being a danger to themselves and to others." (Director, 3rd sector organisation)

Perceptions	Stigma, ageism

- Lack of awareness of care homes
- Media focus on negative
  - Exacerbated by pandemic

Staffing	Configuration

Education

Agency, Burnout

Recruitment

Funding	**Some debate…**

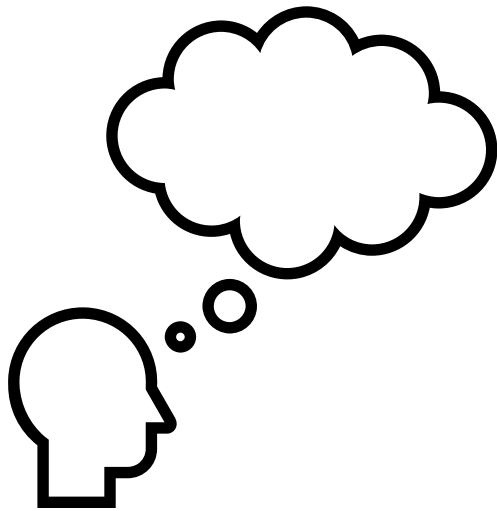"Funding has an effect, but what 'outstanding' care homes do often doesn't cost anything." (Former care home owner)

"We depend on donations from the community. We are fortunate because the community is very generous." (Care home manager)

Sector structure

- Fragmented
- Silo-ed working
  - Within sector; across allied care sectors

Emerging Questions

- **Assess** extent community capital is *accessed/created* in residential care sector in England?

- **Measuring** community capital in residential care?

- **Effect** of community capital on:
    - Individual care homes?
    - Individual care home residents?

- **Embed** residential care services in their communities?

- **Incorporate** indicators of community capital in social care services *quality* assessment?

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