Racial and ethnic differences in participant experience among home- and community-based services users in the US

September 9, 2022 14:00 (Room 2)

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Overview

- Participant experience is a critical dimension of quality of care in LTSS
 - Home care is intimate and personal
 - Utilization based measures (cost, emergency department, hospitalization) do not capture person-centered outcomes
 - Is care being delivered according to the preferences of the individual?
 - Timing, respect, dignity
- Publicly funded home and community-based services programs are being encouraged to collect and report survey data
- Long-standing evidence that racial and ethnic minorities experience lower quality of care that Caucasians
 - Limited data on experience with HCBS

Methodology

- Draw on data from evaluation of a large policy change
 - Transition of Medicaid financed HCBS from state and county run to privately run managed care plans
- Combine data from two sources of telephone surveys
 - Medicaid Research Center
 - Population based surveys conducted before implementation in each region
 - Longitudinal samples re-interviewed after 18 months
 - Baseline and follow-up
 - CHC Managed Care Organization
 - Private survey research firm
 - Sampled from each of three managed care plans
- Consumer Assessment of Health Providers Home and Community-Based Services
 - Validated composite measures of quality of care

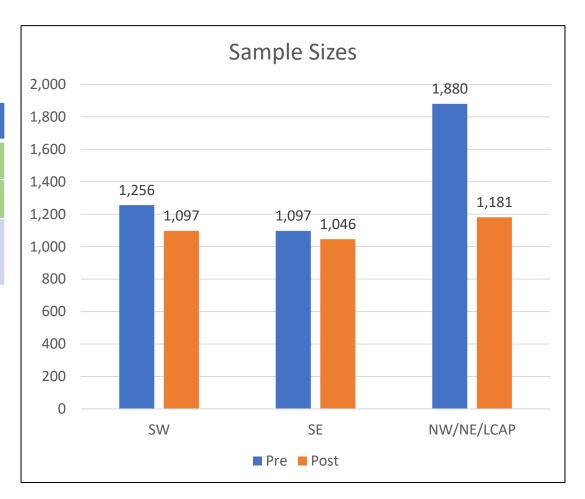
Analysis

- Weighting
 - Survey data are weighted to produce population level estimates for each region
 - Focus is on the overall program, not the individual plan
 - Adjustment for non-response
 - MRC surveys stratified by age group (under/over age 60) and urban/rural
 - MCO surveys stratified by plan and Hispanic ethnicity
- Interviews used the same CAHPS-HCBS questionnaire
 - Developed by CMS; measures of quality approved by National Committee on Quality Assurance
 - Data are used to construct multiple measures of quality from the perspective of program participants
- Results adjusted for age, gender, and race
 - Expected values calculated for each race/ethnic group that was statistically significant
 - Program effect and race/ethnicity breakdown

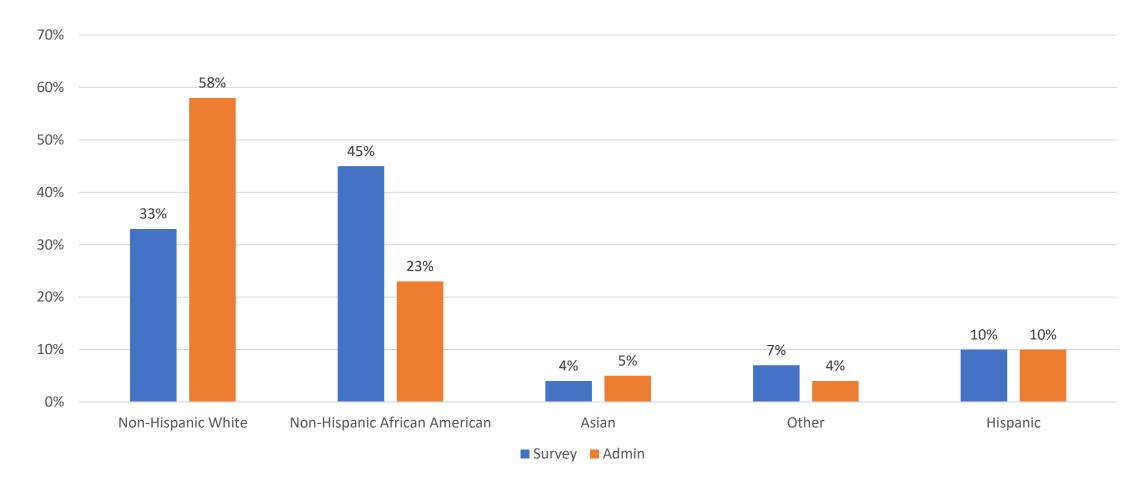
Phased Rollout Phase III NorthWest/NorthEast/ 1/1/2020 Lehigh-Capital Erie (NW/NE/LCAP) Susquehanna Warren McKean Bradford Tioga Potter Crawford Wayne Wyoming Forest Cameron Sullivan Ek Leckawanna Venango Pike Lycoming Mercer Clinton Clarion Luzerne Jefferson NoptourColumbia Monroe 190 Lawrence Clearfield Union Centre SouthWest Carbon Butler Northumberland Snyder (SW) Armstrong Northampton Schuylkill Mifflin Beaver Indiana Lehigh Dauphin Juniata Blair Cambria Allegheny Berks Perry Lebanon Bucks Westmoreland Huntingdon Washington Montgomery Cumberland SouthEast Lancaster Philadelphia Somerset Bedford Chester York (SE) Fayette Fulton Franklin Delaware Adams Greene Phase I Phase II 1/1/2018 1/1/2019

Survey Design

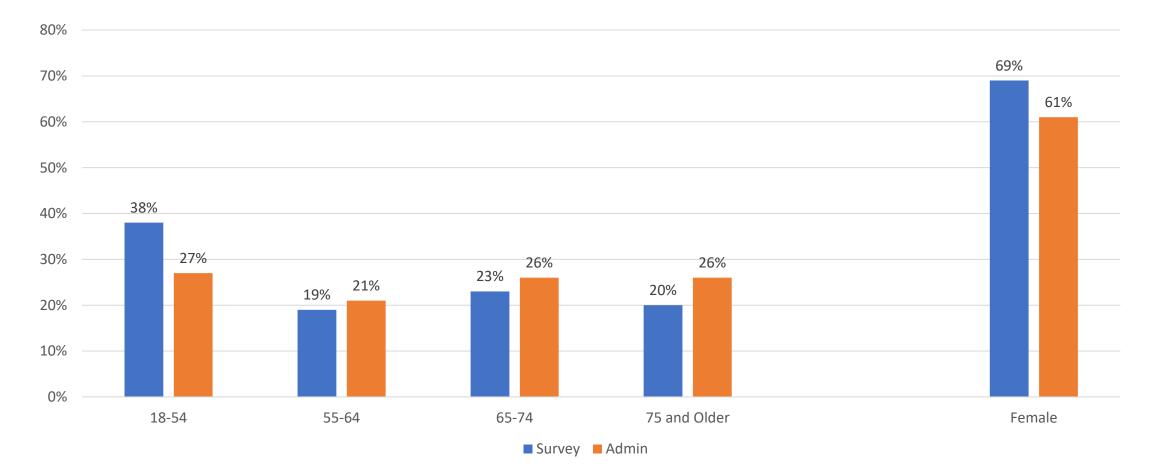
	2017	2018	2019	2020
SW	Pre	Post	Post	Post
SE		Pre	Post	Post
NW/NE/ LCAP	Pre	Pre	Pre	Pre



Comparison of Race and Ethnicity in Surveys to Enrollment Data



Comparison of Age and Gender in Surveys to Enrollment Data

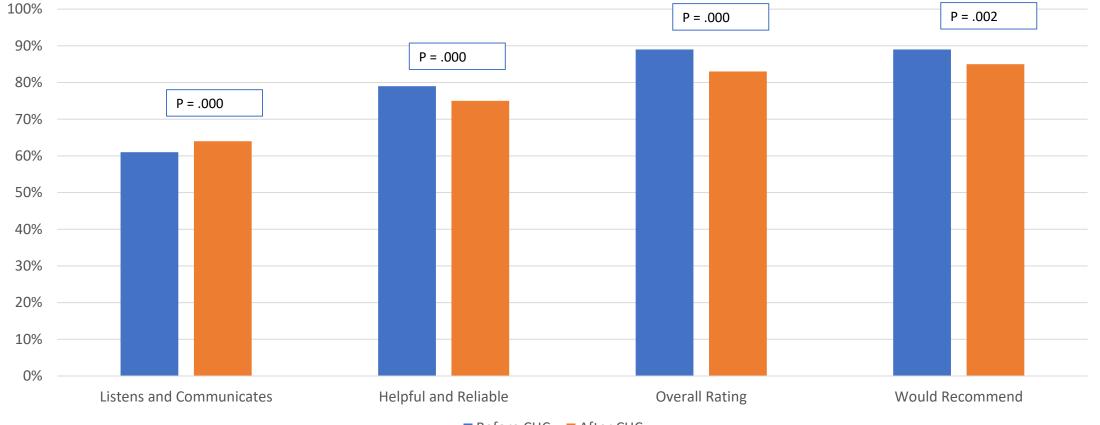


Personal Attendant Service: Composite Quality Measures

- Listen and Communicate Well
 - PAS worker treats you with courtesy and respect
 - Explanations hard to understand because of accent or they way they spoke English?
 - Treat you the way you wanted them to
 - PAS explain things in way that was easy to understand
 - PAS listen carefully to you
 - Know what kind of help you need

- Reliable and Helpful
 - Come to work on time
 - Work as long as they are supposed to
 - Someone tells you if PAS cannot come
- Overall Rating of PAS Worker
 - 0 = worst / 10 = best
- Would you Recommend?
 - Agree / Disagree

Overall Summary: Personal Attendant Services



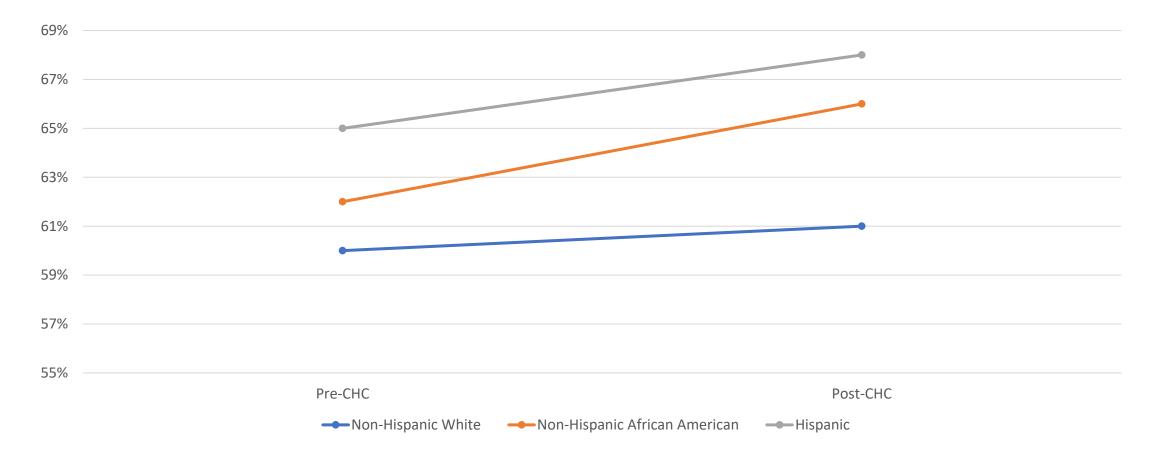
Before CHC After CHC

<u>Summary</u>:

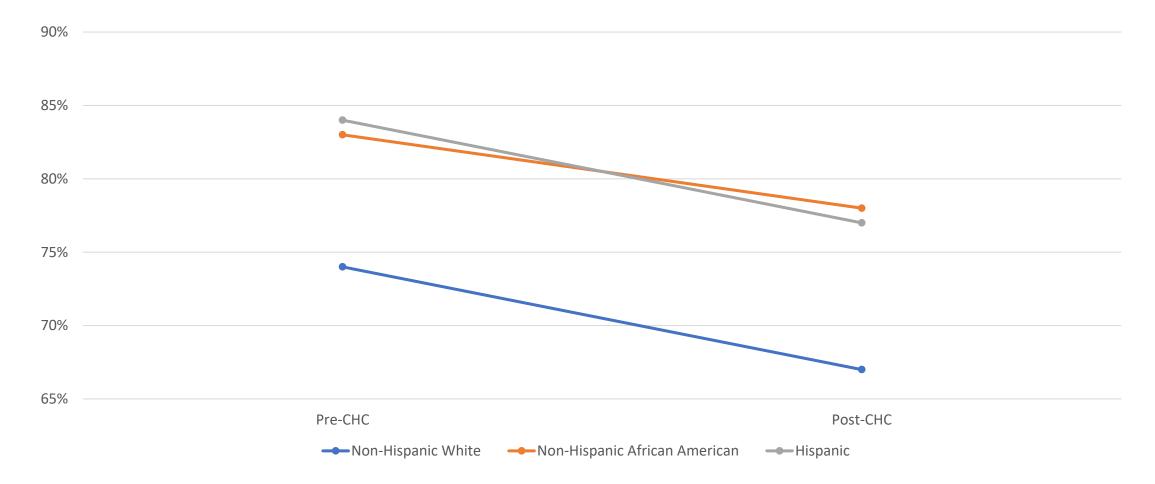
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- 1 measure improves
- 3 measures decline

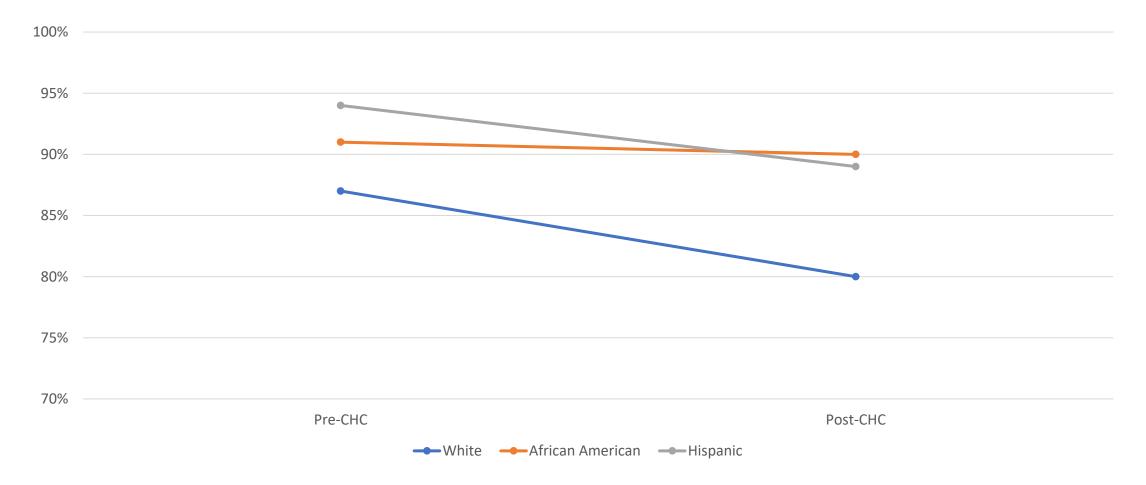
Racial and Ethnic Differences: PAS Listens and Communicates



Racial and Ethnic Differences: PAS is Reliable and Helpful



Race/Ethnic Difference: Would Recommend PAS Worker

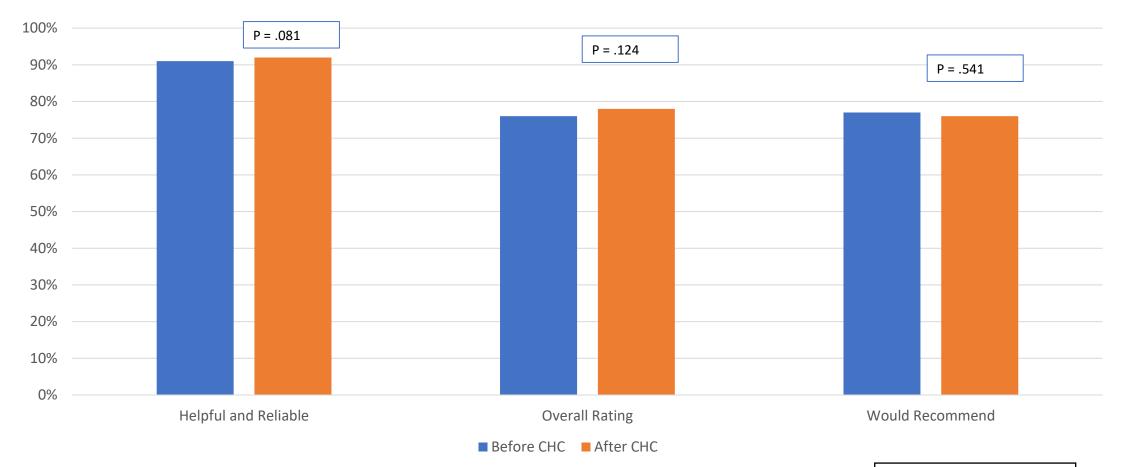


Service Coordination: Composite Measures

- Helpful and Reliable
 - Able to contact SC when needed
 - SCC helped with getting or fixing equipment
 - SC helped getting changes to services

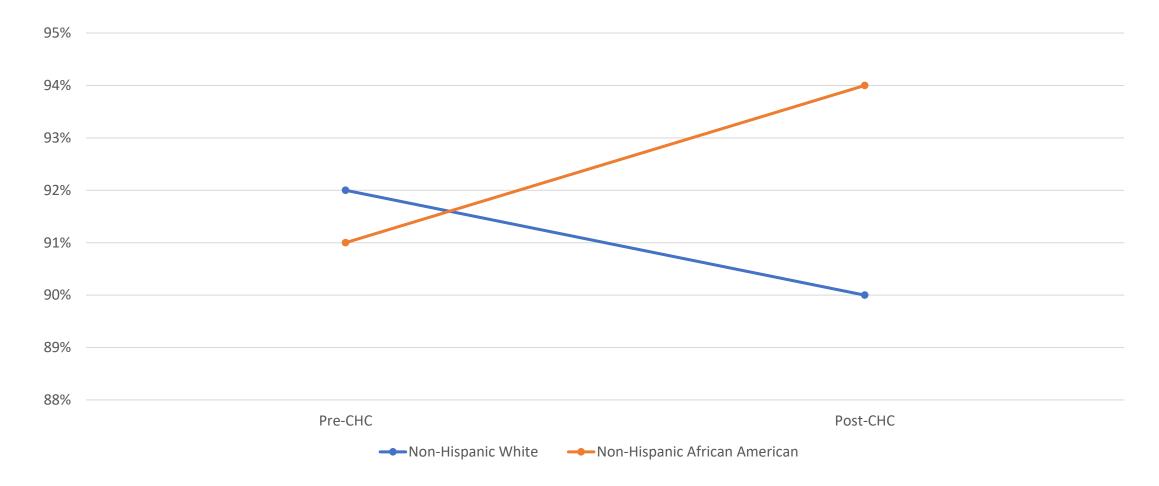
- Overall Rating of Service Coordinator
 - 0 = worst / 10 = best
- Would you Recommend?
 - Agree / Disagree

Overall Summary: Service Coordination



Summary: • 3 measures unchanged

Racial and Ethnic Difference: Service Coordinators are Helpful and Reliable



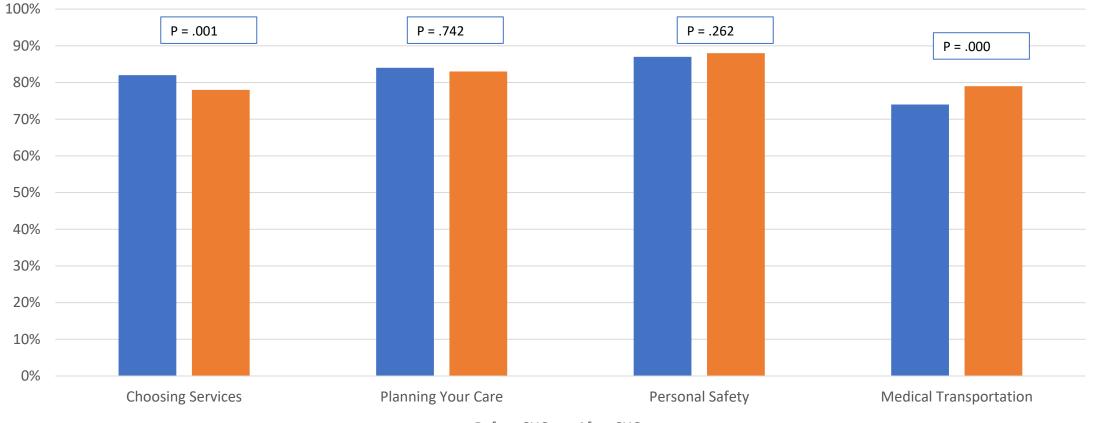
Note: Statistically significant interaction term between race/ethnicity and Post-CHC period. No other comparisons were statistically significant

Person-Centered Care, Personal Safety, Medical Transportation

- Choosing the Services that Matter to You
 - Person-centered service plan included all of the things that are important
 - Staff knows what's on service plan
- Planning your Time and Activities
 - Takes part in deciding what to do with time
 - Takes part in deciding when to do things each day

- Medical Transportation
 - Have a way to get to appointments
 - Able to get in and out of ride easily
 - Ride is on time
- Personal Safety
 - Have someone to talk to if someone hurts you

Overall Summary: Person Centered Service Planning, Safety, Medical Transportation

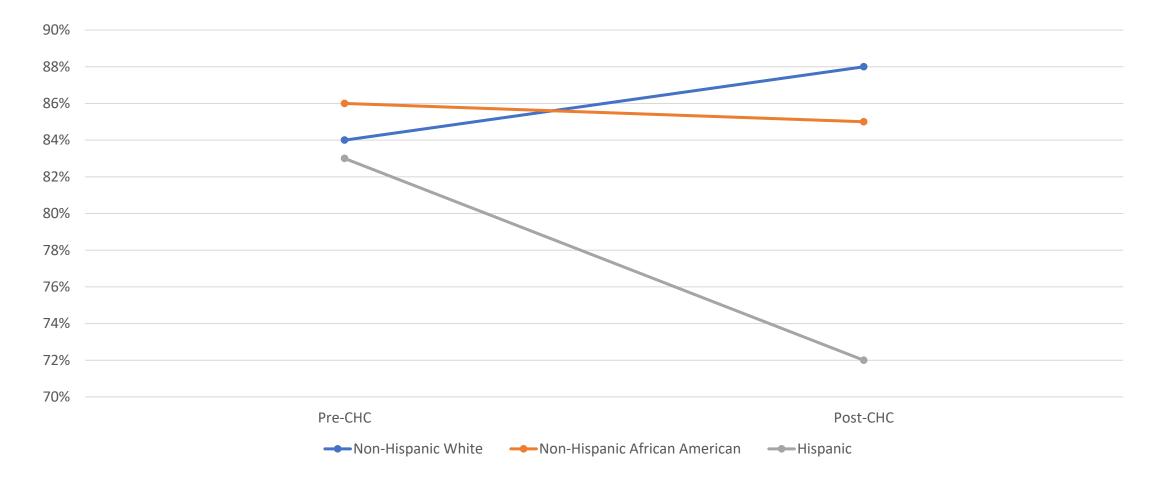


■ Before CHC ■ After CHC

Summary:

- 1 measure improves
- 1 measures decline
- 2 measures unchanged

Planning your Time and Activities



Conclusions and Next Steps Based on Participant Interviews from 2018 to Fall 2020

- Areas of Improvement:
 - PAS Worker Listens
 - Medical Transportation Rating
 - Missed Medical Appointments
 - Ability to get to Non-Medical Appointments
- Areas of Decline:
 - PAS Worker is Helpful
 - PAS Worker Overall Rating
 - Would Recommend PAS Worker
 - Choosing your services
- All changes are small (<5%)

- Differences by Race and Ethnicity raise important questions about equity and geography
 - May be related to quality difference by region
- Service Coordination is unchanged overall
 - Explore differences across regions
- Public Report on Evaluation Activities (2016 to 2019) Available Online:
 - <u>https://www.dhs.pa.gov/HealthChoic</u> <u>es/HC-Services/Pages/CHC-</u> <u>Evaluation-Plan.aspx</u>