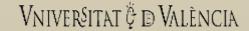
# Needs of older persons. Local variations and public service response: the case of Spain

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## WHY?

- -Earlier studies of regional variations in services for older persons in Spain have only considered aggregate service variations, not individual factors of need
- -International studies about variations in services for older persons in the UK (Brand et al. 2011) and Sweden (Sundström et al. 2002; Davey et al. 2006) suggest that local variations in services are due to local variations in need, especially solitary living and frailty

#### **OBJECTIVES**

To find out if in Spain...

- 1) Social services respond to needs of older people, and to specify user profiles
- 2) If responses vary across regions and how regions target older persons in need

#### **DATA**

### **METHODOLOGY**

We use the nationally representative Survey of Living Conditions
 (IMSERSO) 2006 with a sample of 3,507 individuals aged 65 + years living in the community.



- Two different kinds of services are considered: direct personal care and household help; services of prevention and promotion of active ageing
- We use binary logistic regression analysis

## **METHODOLOGY**

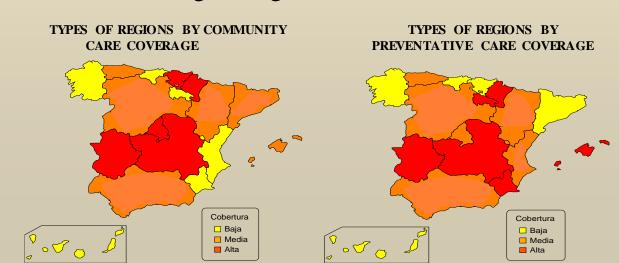
#### **CATEGORIES USED:**

#### Services:

- *Community care:* Use of Home Help, day care, tele-alarm systems, meals-on-wheels and/or laundry services. Separately: home adaptation and technical aids
- Preventative services (active ageing): subsidized courses, vacations, and spa sojourns

<u>Needs</u>: IADL (shopping, cooking, other domestic activities), PADL (bath/shower, get out of/into bed, dress/undress, eat), living arrangement (alone or not).

Regional analyses: 17 regions (Comunidades Autonomas) by coverage levels: Low, Medium or High providers



## **RESULTS:** Coverage

Table 1. Coverage by community care and technical adaptations, by regional group and by need indicators (frailty, living alone). Spain 2006, per cent

	Community care				Technical adaptations			
	Spain	Low	Medium	High	Spain	Low	Medium	High
Total	9.0	4.5	8.2	14.9	3.8	3.1	3.7	4.8
Frailty								
Not								
disabled	6.6	2.9	5.4	11.9	3.2	3.1	2.6	4.5
IADL	10.6	5.3	10.3	17.1	3.6	2,7	3.6	4.6
PADL	15.6	8.2	15.7	24.6	6.7	4.1	8.5	6.5
Lives								
Not								
alone	6.5	2.8	6.0	11.0	4.1	3.3	3.6	5.7
Alone	18.1	11.5	15.4	29.9	2.9	2.3	4.1	1.1

<sup>\*</sup> Community care: Home Help, day centers, tele-alarm services, meals-on-wheels

Source: Our elaborations on Encuesta de condiciones de vida de los mayores 2006.

- •Community care determined by social vulnerability (living alone) rather than by physical frailty.
- •Variations in technical aids are much smaller, but tend to follow the same overall patterns

<sup>\*\*</sup>Low Regions: low coverage in services: (Home Help, day centers, tele-alarm) (< 6,25% population 65+): Canarias, Cantabria, C. Valenciana, Galicia, La Rioja, Murcia.

Medium Regions: medium coverage in services: (Home Help, day centers, tele-alarm) (6,25%-8,79% population 65+): Andalucia, Aragón, Asturias, Baleares, Castilla-León, Cataluña.

High Regions: High coverage in services: (Home Help, day centers, tele-alarm) (>8,79% population 65+): Castilla-La Mancha, Extremadura, Navarra, P. Vasco, Madrid.

<sup>\*\*\*</sup> IADL: unable to do shopping, cooking and/or other domestic activities; PADL: unable to perform bath/shower, get up from/go to bed, dress/undress and/or eating.

## RESULTS: User profiles. Community Services

Table 2: Odds ratios of community care, by need indicators. Spain 2006, logistic regressions, multivariate models

	Community care*					
	Bivariate		Multi	variate		
	Exp $(\beta)$	Sig.	Exp $(\beta)$	Sig.		
Age						
[65-74]						
75-84	2.7	0.000	1.9	0.000		
85+	3.2	0.000	1.8	0.005		
Frailty**						
[Not disabled]						
IADL	1.7	0.000	2.0	0.000		
PADL	2.6	0.000	2.6	0.000		
Household						
[Living with a partner only]						
Living with children	0.8	0.265	0.7	0.032		
Living with other people (not partner, children)	2.1	0.002	1.7	0.025		
Living alone with children near	3.2	0.000	2.6	0.000		
Living alone, not children near	3.2	0.000	3.4	0.000		
Education						
[secondary+]						
Primary	1.6	0.058	1.7	0.030		
Less than primary	2.0	0.002	2.0	0.005		
Urbanization						
[<400.000 population]						
Metropolitan (> 400.000 population)	2.2	0.000	2.4	0.000		

- •Use of community care is more common among the most vulnerable, among those who live alone, the less educated and who do not have children near.
- Use also increases with age and urbanization.

# RESULTS: Regional variations. Community Services

Table 3. Odds ratios of community care by regional group and by need indicators. Spain 2006, log regr., multiv. models

	Low Region  Multivariate		Medium Region Multivariate		High Region Multivariate		• Regions with	
	Muli Exp (β)	Sig.	Multi Exp (β)	Sig.	Mur Exp (β)	uvariate Sig.	low coverage	
Age			1 (1)	, and the second	1 (1 /	J	rates tend to	
[65-74]							rates terra to	
75-84	1.1	0.717	1.3	0.219	3.3	0.000	restrict their	
85+	0.9	0.787	1.6	0.129	2.5	0.019	provision to	
Frailty							*	
[Not disabled]							persons with	
Some IADL	2.6	0.026	2.8	0.000	1.5	0.108	*	
Some PADL	4.0	0.003	3.5	0.000	2.0	0.019	some physical	
Household							frailty and to	
[Living with a partner only]								
Living with children	1.2	0.752	0.8	0.494	0.5	0.018	persons who live	
Living with other people	0.0	0.998	2.9	0.002	1.1	0.831	alone.	
Living alone with children near	4.8	0.002	2.8	0.000	2.4	0.002		
Living alone, not children near	6.6	0.000	3.6	0.000	2.7	0.003	• Medium-High	
Education							regions have	
[secondary+]								
Primary	1.9	0.524	1.8	0.155	2.0	0.050	higher user rates	
Less than primary	2.2	0.396	1.8	0.134	2.4	0.011	in each user	
Urbanization							in each user	
[<400.000 population]							profile.	
Metropolitan (> 400.000 pop.)	0.7	0.667	1.5	0.075	2.8	0.000		

## RESULTS: Regional variations. Preventative Services

Table 4. Coverage of preventative services\* by regional group\*\* and needs indicators. Spain 2006. Per cent

	Preventative services							
	Spain	Low	Medium	High				
Total	15.0	11.6	15.5	19.9				
Frailty								
not disabled	17.1	14.9	16.5	21.0				
IADL	15.3	8.3	17.8	25.2				
PADL	5.7	6.5	5.7	4.4				
Living								
arrangement	15.3	11.4	16.3	20.5				
not alone	13.7	12.1	13.3	17.1				
alone								

<sup>\*</sup>Preventative services: vacations, spa and courses

- There is considerable regional variation
- User patterns are inverse compared to use of community care
- •Users tend to be less frail and married, but there are also many users who live alone
- Regions with lower coverage of preventative services tend to focus more on solitary persons

<sup>\*\*</sup> Low Regions: with low spending/person on social services for older people (< 283,3€/person 65+);

*Medium Regions*: with medium spending/person on social services for older people (283,3€-421€ /person 65+);

High Region: with high spending/person on social services for older people (>421€ /person 65+).

<sup>\*\*</sup> IADL: unable to do shopping, cooking and/or other domestic activities; PADL: unable to perform bath/shower, get up from/go to bed, dress/undress and/or eating.

Source: Our elaborations on Encuesta de condiciones de vida de los mayores 2006.

# CONCLUSIONS and POLICY IMPLICATIONS

#### **Do social services respond to needs of older people?**

In Spain community care for older people is above all services for persons who live alone; it is social vulnerability rather than physical frailty that determines use

#### **Do social services vary among regions?**

Yes, the lower the coverage of a region, the more the services target solitary older persons. With higher availability of services, the user profile is more balanced and comprehensive.

Low provider regions of community care tend to invest proportionally more in preventative services which appear to be less equitable than community care as they primarily reach out to socially and economically advantaged older persons in urbanized areas.

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