



# Healthy Ageing and Long Term Care for Older People a Global Perspective

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#YearsAhead



Free downloadable

<http://www.who.int/ageing/en/>



SIXTY-NINTH WORLD HEALTH ASSEMBLY  
Provisional agenda item 13.4

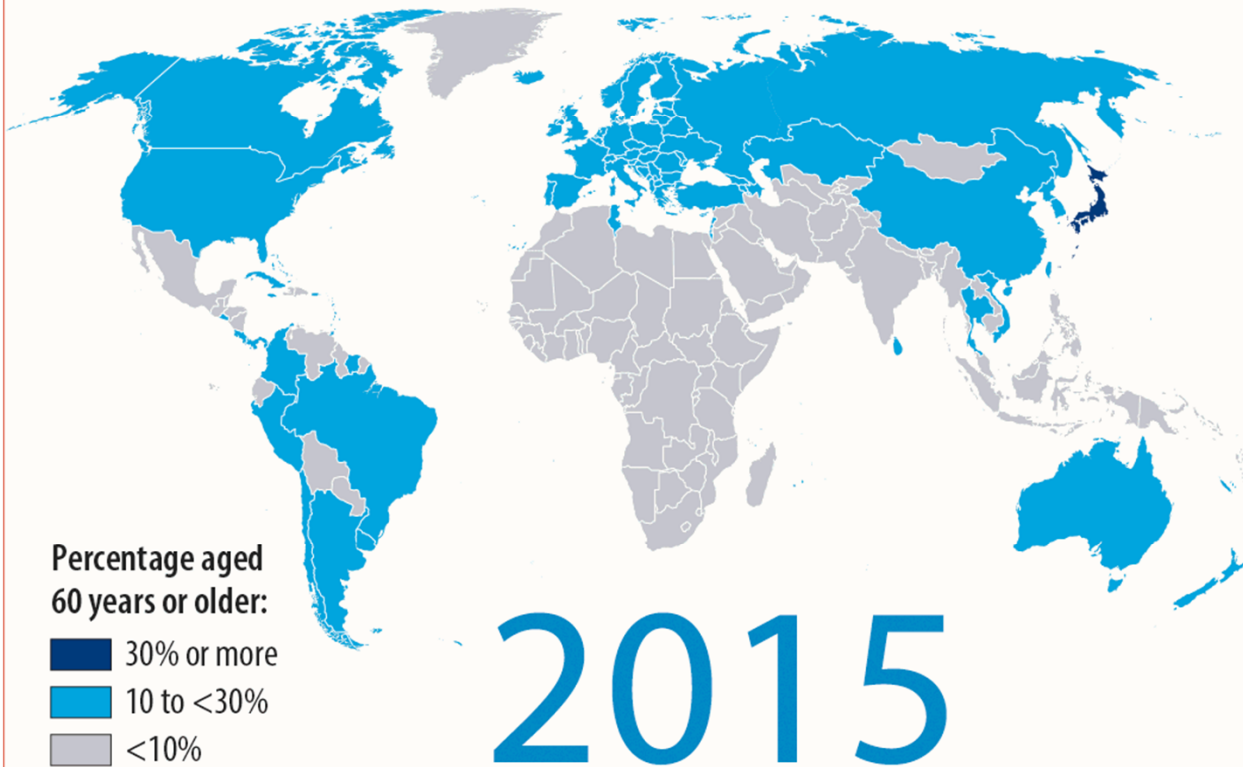
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**Multisectoral action for a life course approach to  
healthy ageing: draft global strategy and  
plan of action on ageing and health**

Report by the Secretariat

## Populations are getting older



# How these extra 20 years can be spent...



... It all depends on HEALTH

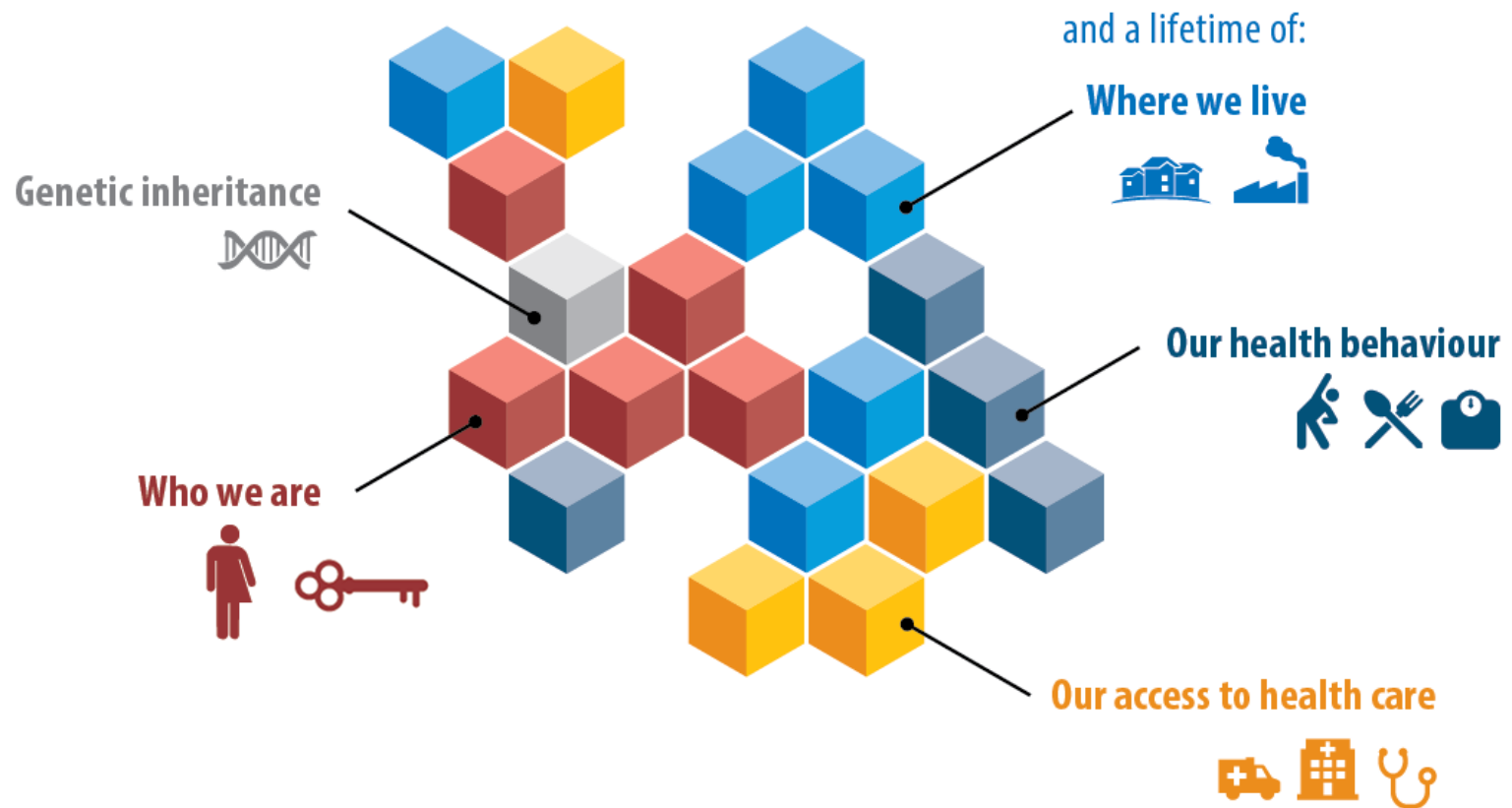


# There is no “typical” older person

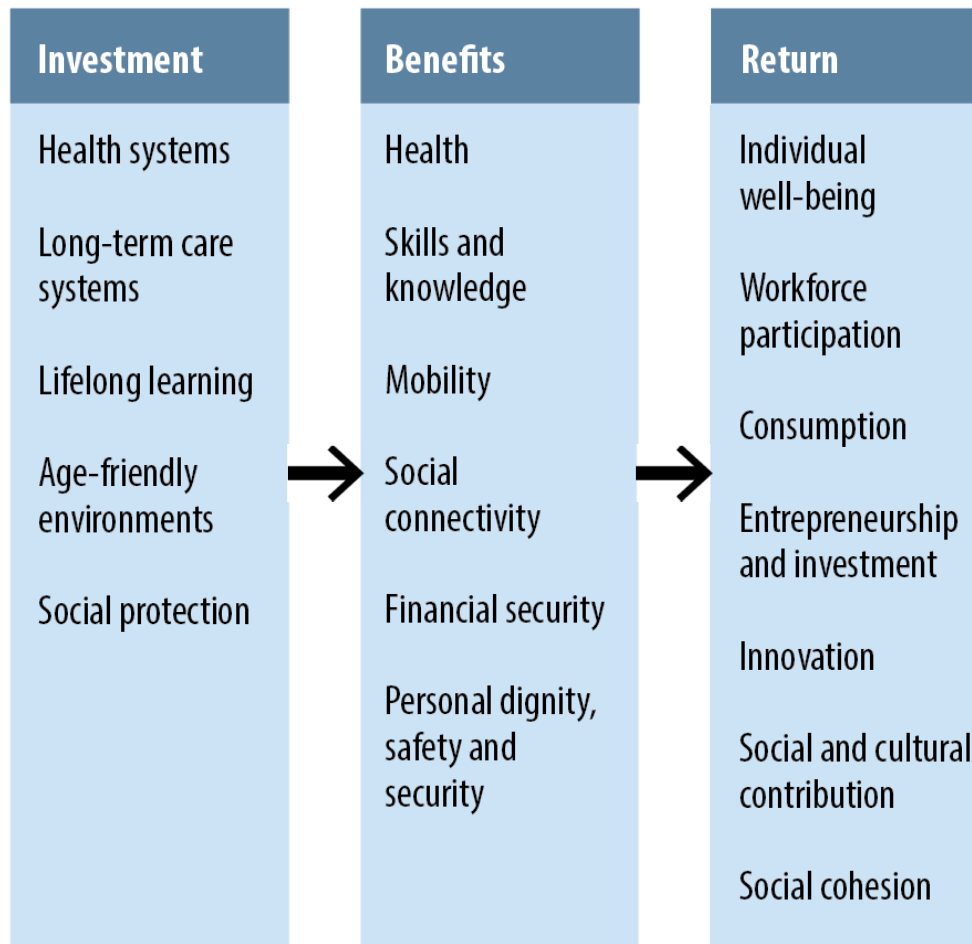


# Health in older age is not random


What makes us age differently?



# *Healthy Ageing* is an investment, not a cost



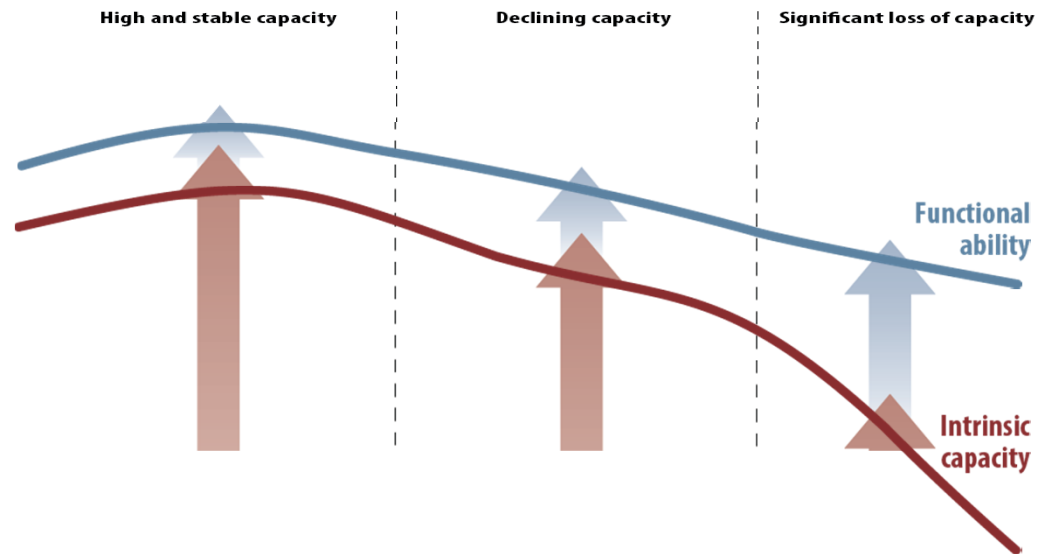




**The goal:  
maximize  
functional  
ability that  
enables well-  
being in older  
age**



# Public Health Framework for Healthy Ageing



# Priority areas for action





# **Establish sustainable and equitable long-term care systems**

Long-term care is defined as:

- the activities undertaken by others to ensure that people with or at risk of a significant ongoing loss of intrinsic capacity can maintain a level of functional ability consistent with their basic rights, fundamental freedoms and human dignity.



# Establish sustainable and equitable long-term care systems

- Uphold human rights
- Enhancing capacity
- Person-centered
- Fair treatment of workforce
- Shared burden
- National governments responsible for stewardship



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- **Establish foundation for a functioning LTC-system:** ‘making the case’, needs-based allocation, fair distribution of costs, guidance for transition
- **Develop the long-term care workforce:** training and support for unpaid caregivers, involving non-female family caregivers, and training, guidance, legislation of paid caregivers



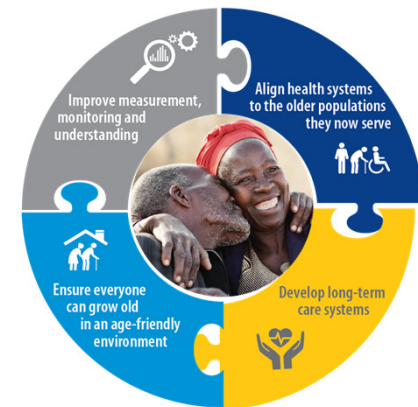
# Establish sustainable and equitable long-term care systems

- **Establish foundation for a functioning LTC-system:** ‘making the case’, needs-based allocation, fair distribution of costs, guidance for transition
- **Develop the long-term care workforce:** training and support for unpaid caregivers, involving non-female family caregivers, and training, guidance, legislation of paid caregivers
- **Ensure the quality of long-term care:** guidance and monitoring

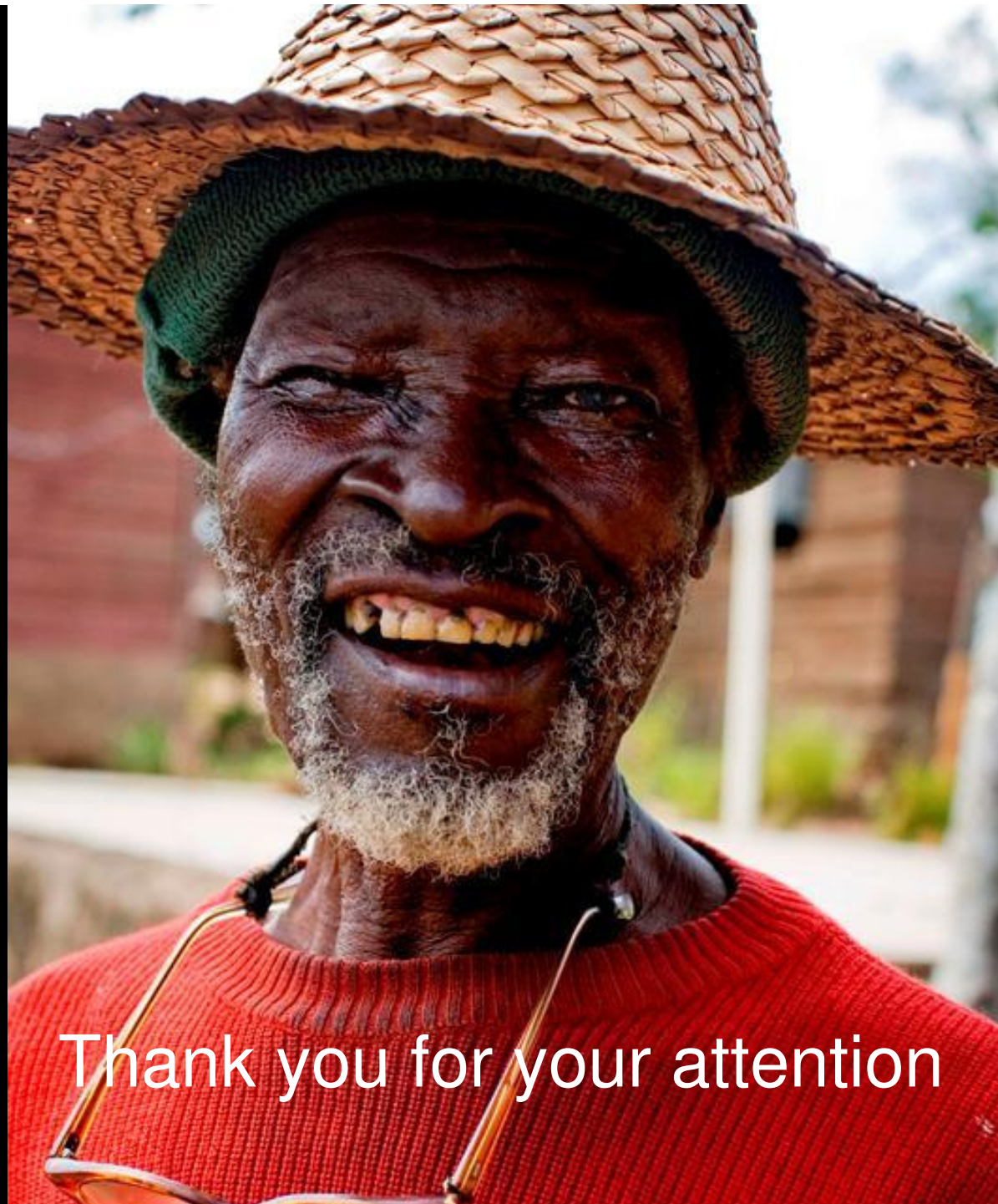




Investing in **Healthy Ageing** means creating a future that gives older people the freedom to live lives that previous generations could never have imagined.



For Global Strategy and Action Plan:  
[www.who.int/ageing](http://www.who.int/ageing)



Thank you for your attention